

My No: MPA/IAD/ADM/GA 13/SPORTS.2017
Ministry of Public Administration and Management
Independence Square
Colombo 07
25.01.2017

Secretaries of Ministries,
Provincial Chief Secretaries,
Heads of Departments,
Heads of Government Corporations and Statutory Boards

Sports and Physical Wellness Promotion National Week - February 6-12, 2017

Measures have been taken by the government to implement “**Sports and Physical Wellness Promotion National Week**” organized by the Ministry of Sports as per the Circular No.SP/SB/01/17 dated 6th January 2017 issued by the Presidential Secretariat on the instructions of H.E. the President, all over the Island from 6th up to 12th February 2017. The main objective of this programme is to provide a successful initiative to control non- communicable diseases, which are rapidly increasing in Sri Lanka, by way of promoting physical fitness of public servants.

02. Accordingly, 6th February 2017 has been declared as the “**Sports and Physical Wellness Promotion Day for Official of State Sector and Corporations**”. Therefore, the following programme should be followed in the same manner in which action was taken as per Public Administration Circular No.01/2016 at every public institution from 8.30 a.m. on 17th February 2017 with the objective of ensuring efficient and productive public service delivery by healthy public servants.

- I. Hoisting the national flag by the Head of the Institution or Office in the presence of all the members of the staff.
- II. Singing the national anthem after hoisting the national flag.
- III. Delivering brief lecture on the importance of physical fitness exercises and nutrition to ensure an efficient and productive public service through a healthy life.
- IV. Carrying out an exercise programme (15 minutes) in which the employees can take part office attire.

03. You are kindly informed to initiate proper programmes in the future in order to make the purpose of delivering efficient and productive public service through healthy public employees a success.

J.J. Rathnasiri
Secretary
Ministry of Public Administration and Management

- Copies-1. Hon. Governors of the Provinces
2. Secretary to H.E. the President
3. Secretary- Ministry of Sports - To direct suitable instructors on physical fitness to all the government institutions.